

# 2016 LADY BLUEJAY SUMMER BASKETBALL/VOLLEYBALL CAMPS and SMALL GROUP WORKOUTS

**WHO:** Any girl who is going into 7<sup>th</sup> or 8<sup>th</sup> grades who is interested in trying out for basketball or volleyball next year.

**WHEN:** **BASKETBALL:** June 27-30 (Mon thru Thurs) 8:00am till 10:00am  
**VOLLEYBALL:** June 27-30 (Mon thru Thurs) 10:00am till noon.

**WHERE:** Augusta Middle School Gymnasium

**COACHES:** **BASKETBALL:** Jamie Van Dever, Girls' Basketball Coordinator, AMS  
**VOLLEYBALL:** Jessica Carey, 8<sup>th</sup> Grade Volleyball Coach, AMS

**ABOUT THE CAMPS:** Campers will receive instruction in the fundamentals of basketball and volleyball. Emphasis will be on individual skills, team play, and other skills required at the middle school level. The camps will also be the culminating activity for our small group workouts.

All participants in the Lady Bluejay Summer BB/VB Camps will receive a camp t-shirt.

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**WHAT IS SMALL GROUP WORKOUT:** Every Tuesday, we will put you together with other girls to work on basketball and/or volleyball skills. This is a chance for you to improve your individual skills, as well as your overall teamwork. Skills to be covered include:

<b>BASKETBALL:</b>	DRIBBLING REBOUNDING	PASSING FOOTWORK	SHOOTING DEFENSE
<b>VOLLEYBALL:</b>	SERVING TRANSITIONS	SETTING BLOCKING	SPIKING FORMATIONS

**DATES OF BB SGW:** May 31, June 7, 14, 16 (Four total sessions)

**WORKOUT INFO:** You MUST pre-register in order to do Small-Group Workouts. The times of the workouts will be determined by the number of participants. However, most workouts will be in the morning. Coach VanDever will call you on or by May 29 with your workout time.

**PARENTS:** If you have any questions about the camps, small group workouts, registration information, or anything about our summer programs, please call Coach Van Dever—650-3906.

**PLEASE FILL OUT THE REGISTRATION BELOW**

NAME \_\_\_\_\_ GRADE (going into) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

PARENT \_\_\_\_\_ PHONE \_\_\_\_\_

E-MAIL (optional) \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

T-SHIRT SIZE—Circle one:    YS    YM    YL    AS    AM    AL    AXL

**SIGN ME UP FOR:** (circle all that apply)    BB CAMP    VB CAMP  
BB SMALL GROUP    VB SMALL GROUP

**IF YOU SIGNED UP FOR:** ONE ACTIVITY:    \$30    TWO ACTIVITIES: \$60  
THREE ACTIVITIES: \$80    FOUR ACTIVITIES: \$100

**RETURN THIS FORM, ALONG WITH PAYMENT TO:**    Jamie Van Dever  
2000 Carter Ave.  
Augusta, KS. 67010

Make checks payable to: Jamie Van Dever

**PLEASE READ AND SIGN THE MEDICAL WAIVER/RELEASE FORM**

**RELEASE OF LIABILITY**—In consideration of the Lady Bluejay Camp/SGW allowing the camper to participate, I hereby assume all risks of her personal injury that may result from physical activity. As parent/guardian, I do hereby release Jamie Van Dever, Jessica Carey, as well as all instructors and participants in the Camp/SGW sessions from all liability, including claims and suits at law or inequity, for injury which may result from the student taking part in the Camp/SGW sessions.

\_\_\_\_\_  
Parent/Guardian Signature    Date

**MEDICAL AUTHORIZATION**—I do hereby affirm that the applicant is in good health and suffers from no illness, disability or condition that requires the taking of medication on a regular basis unless that condition is disclosed and approved. Furthermore, I have no knowledge of any reason that the applicant cannot participate in vigorous activity. I hereby authorize and give my consent to Jamie Van Dever, Jessica Carey, or any licensed physician or athletic trainer to perform upon or administer, without prior consent, any reasonable, necessary medical treatment to:

\_\_\_\_\_  
Participant's name    Date

\_\_\_\_\_  
Signature of Parent(s) or Legal Guardian    Date